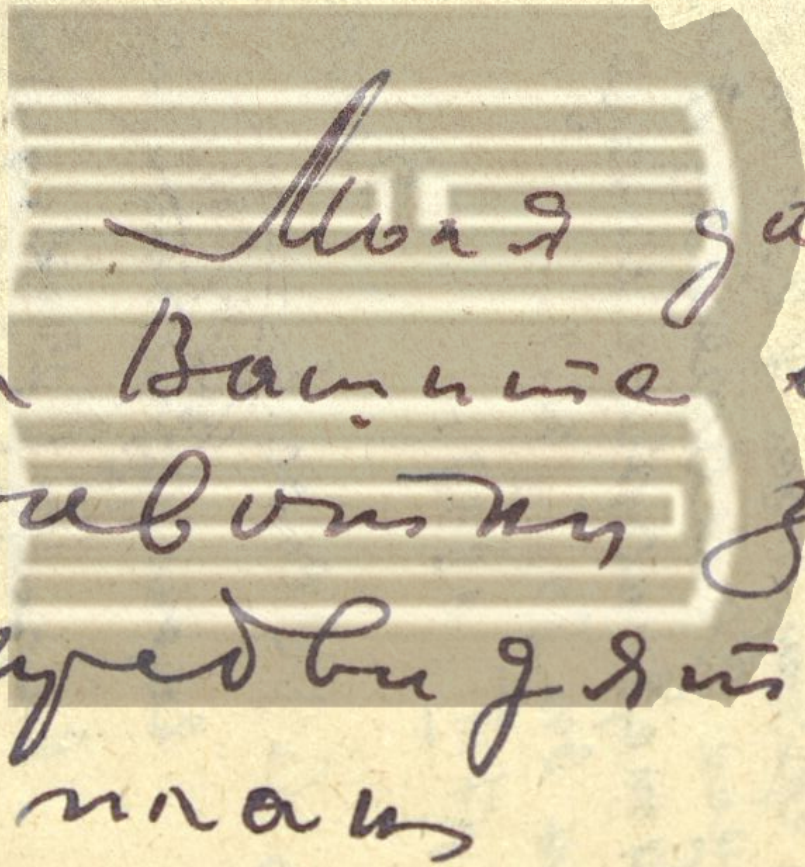НИР 289